


APPLICANT'S CURRICULUM VITAE

REFERENCE CODE:

FP-HY- 078

PERSONAL DATA

Name	: SARAH MAE MILAN HEÑETA	
Address	: BALAMBAN CEBU	
Age	: 30 YEARS OLD	
Date of Birth	: 28 NOV 1995	
Place of Birth	: BALAMBAN CEBU	
Marital Status	: SINGLE	
Religion	: ROMAN CATHOLIC	
Height	: 5'1	
Weight	: 52 KG	
Highest Education	: HIGHSCHOOL GRADUATE	
Salary	: RM 2,100	
Passport No.	: P1481650D	Date of Issue : 13 FEB 2026
Place of Issue	: DFA CEBU	Date of Expiry : 12 FEB 2036

FAMILY RECORD

	Name	Age	Occupation
Father	: DELFIN HEÑETA	: 54	: CARPENTER
Mother	: JENESA HEÑETA	: 52	: HOUSEWIFE
Husband	:	:	:
No. of Children	: 3	: 11, 6 & 4 Y.O.	
No. of Brothers	: 4	Sibling Birth Order : 2 ND	
No. of Sisters	: 1		

SKILLS AND EXPERIENCE

Answer with: 1 – Well 2 – Satisfactory
 3 – Little Knowledge 4 – No Knowledge

	Skill Level	Experience (Plenty/ Little/ No)	Willingness (Yes/ Prefer Not/ No)
Cooking	1	PLENTY	YES
Laundry/ Washing clothes	1	PLENTY	YES
Ironing clothes	1	PLENTY	YES
Cleaning the house	1	PLENTY	YES
Infant Care	1	PLENTY	YES
Child Care	1	PLENTY	YES
Sick Care	1	PLENTY	YES
Elderly Care	1	PLENTY	YES

WORK EXPERIENCE

Year	Location	Details
2023-2025	: PHILIPPINES	: NANNY <ul style="list-style-type: none">• Taking care of children (4 & 2 years old)• All around housekeeping• Cooking Filipino foods.
2020-2021	: PHILIPPINES	: CASHIER
2019-2020	: PHILIPPINES	: SERVICE CREW
	:	:
	:	:

PERSONAL QUESTIONS

(Answer with: Yes or No)

If “Yes”, give more details in ‘Notes/Additional Information’.

Do you smoke?	NO	Do you feel confident to be left alone with children?	YES
Do you drink alcohol?	NO	Can you take care of children and do housework by yourself?	YES
Are you afraid of being alone in the house?	NO	Are you willing to sleep with and take care of a baby and/ or children at night?	YES
Do you have any physical disabilities?	NO	Are you willing to work without taking your off-days?	YES
Do you wear glasses/ contact lenses?	NO	Are you willing to stay at home and not go out on your off-day?	YES
Have you suffered from any major illnesses in the past?	NO	Do you have family members, relatives or friends in Malaysia?	NO
Do you have any skin diseases?	NO	Are you willing to take care of dogs/pets?	YES
Do you have any allergies?	NO	Can you sing?	YES
Do you have any food problems (eat/touch)?	NO		

NOTES/ ADDITIONAL INFORMATION

- She is applying for Domestic Helper.
- She is a FIRST TIMER.
- She knows to take care of children and the elderly.
- She can clean the house, wash, and iron clothes.
- She is also willing to learn how to cook Malaysian food or Chinese foods.
- She can speak and understand Basic English language.
- She loves cooking.